

The committee to consist of Doctors Rush, Huthinson, Say and Wistar who are to report at an adjourned meeting of the College to be held tomorrow evening at Four o'clock.

College of Physicians August 26. 1793.  
Adjourned meeting

Present

Doctor Shippen V. P. Parke  
Kuhn Dorsy  
Barton Carson  
McHusain Hutchinson  
Gibbons Rush — 11.  
Say

The committee reported a copy of directions for preventing the further progress of the malignant fever, which being amended, was agreed upon. It was agreed upon to have it signed by the Vice President & Secretary, and to send a copy of it to the Mayor. The directions were as follows viz;

The College of Physicians having taken into consideration the malignant & contagious Fever which now prevails in the city, have agreed to recommend to their Fellow Citizens the following means of preventing its progress.

First. That all unnecessary intercourse should be avoided with such persons as are infected by it.  
Second. To place a mark upon the door or window of such houses as have any infected persons in them.  
Third. To place the persons infected in the center of large and airy rooms, in beds without curtains, and to pay the strictest regard to cleanliness, by frequently changing their body and bed linen; also by removing, as speedily

as possible, all offensive matters from their rooms.

Fourth. To provide a large and airy Hospital in the neighbourhood of the City, for the reception of such poor persons as cannot be accommodated with the above advantages in private houses.

Fifth. To put a stop to the Tolling of the Bells.

Sixth. To bury such persons as die of this Fever in carriages, and in as private a manner as possible.

Seventh. To keep the Streets and Wharves of the City as clean as possible. As the contagion of the disease may be taken into the body, and pass out of it without producing the Fever, unless it be rendered active by some occasional cause, the following means should be attended to, to prevent the contagion being excited into action in the body.

Eighth. To avoid all fatigue of body and mind.

Ninth. To avoid standing or sitting in the Sun, also in a current of air, or in the evening air.

Tenth. To accommodate the dress to the weather, and take care rather in warm than in cold cloathing.

Eleventh. To avoid intemperance, but to use fermented liquors, such as wine, beer and cyder, with moderation.

The College conceive Fires to be very ineffectual, if not dangerous means of checking the progress of the Fever. They have reason to place more dependance upon the burning of Gun powder. The benefits of Vinegar & Camphire are confined chiefly to infected rooms, and they cannot be used too frequently upon handkerchiefs, or in smelling bottles, by persons whose duty calls them to visit or attend the sick.