

GLUTEN FREE DINNER MENU



KITCHEN & IRISH PUB

SMALL PLATES

MEDITERRANEAN HUMMUS 9

Crudite, Marinated Olives

RHODE ISLAND FRIED CALAMARI 12

Rice Flour Dusted, Banana Peppers,
Tossed in Garlic Butter, Chipotle Remoulade

BEEFSTEAK TOMATOES AND FRESH MOZZARELLA CHEESE 10

Extra Virgin Olive oil, Basil, Balsamic Glaze

STEAMED PRINCE EDWARD ISLAND MUSSELS 12

Daily Preparation

SOUPS AND SALADS

CLASSIC CAESAR 9

Parmesan Cheese

MIXED BABY GREEN SALAD 9

Carrots, Cucumber, Red Onion,
Tomatoes, Sherry Vinaigrette

PICKLED BEET AND CRUMBLLED BLUE CHEESE SALAD 10

Field Greens, Candied Walnuts,
Golden Apple, Sherry Vinaigrette

POTATO LEEK SOUP 5/7

Truffle Essence, Chives

SIDES

SAUTÉED SPINACH 6

FRENCH FRIES 4

SWEET POTATO FRIES 5

WILD MUSHROOMS 8

MASHED POTATOES 6

BUTTERED CARROTS 5

BROCCOLI 5

MAIN DISHES

TOMMY MOLONEY'S CORNED BEEF & CABBAGE 19

Baby Carrots, Potatoes, Mustard

GLUTEN FREE PASTA

A LA VODKA 15

Asparagus, Broccoli, Cherry Tomatoes,
Basil, Parmesan Cheese

MAGNERS CIDER BRINED

PORK CHOP 21

Apple Bacon Braised Red Cabbage, Sage Potato Gratin

GRILLED NEW YORK STRIP STEAK 28

Sauteed Spinach, Crisp Potato Tart,
Red Wine and Shallot Compound Butter

PAN SEARED STRIPED BASS 24

Grilled Asparagus, Shiitake Mushrooms,
Fingerling Potatoes, Lemon Confit,
Capers, Yuzu Brown Butter

TIR NA NÓG SHEPHERD'S PIE 17

Braised Lamb and Beef, Mashed
Potatoes, Peas, Carrots

PAN ROASTED FREE RANGE CHICKEN

String Beans, Wild Mushrooms, Fingerling Potatoes

GLUTEN FREE PASTA WITH BRAISED THREE MEAT RAGU 19

Tomatoes, Basil, Ricotta Cheese

BURGERS ON A GLUTEN FREE ROLL

PORTOBELLO BURGER 13

Gluten Free Roll, Roasted Red Peppers, Tomato,
Lettuce, Mozzarella Cheese, French Fries
Avocado 1 Bacon 2 Sautéed Onions 1

TIR NA NÓG TURKEY BURGER 13

Gluten Free Roll, Lettuce, Tomato, Onion,
Mozzarella Cheese, Chipotle Aioli, French Fries
Avocado 1 Bacon 2 Sautéed Onions 1
Mushrooms 2

ANGUS PUB BURGER 14

Gluten Free Roll, Irish Cheddar, Lettuce,
Tomatoes, Onion, French Fries
Avocado 1 Bacon 2 Sautéed Onions 1
Mushrooms 2